DR. BASIMA ABBAS HAJJ EDITOR OF TRIPLE M (3M) PROJECT MARCH OF EXCELLENCE

ABOUT THE EDITOR OF TRIPLE M (3M) PROJECT

WHO IS THE EDITOR OF TRIPLE M (3M) PROJECT?

PRESENT POSITIONS

QUALIFICATIONS

PROFESSINAL EXPERIENCE:

PREVIOUS JOBS

EXPERIENCE IN UNIVERSITY TEACHING

EXPERIENCE IN CONDUCTING RESEARCH:-

EXPERIENCE IN CONDUCTING SCIENTIFIC RESEARCH

EXPERIENCE IN CONDUCTING EDUCATIONAL RESEARCH

EXPERIENCE IN THE FIELD OF TRAINING, RESEARCH METHODS, STATISTICAL ANALYSIS AND NUTRITION EDUCATION

AWARDS

WHO IS THE EDITOR OF TRIPLE M (3M) PROJECT?

THE EDITOR OF TRIPLE M (3M) PROJECT



DR. BASIMA ABBAS HAJJ
RESEARCH CONSULTANT AND STATISTICAL ANALYST
Member of the American Society for Nutrition

DR. BASIMA ABBAS HAJJ EDITED

TRIPLE M (3M) PROJECT

HOW TO PLAN YOUR MOOD, MEALS AND MOVEMENT AS HEALTHY LIFESTYLE?



- ✓ Authored the scientific material
- ✓ Designed, draw, and painted the TRIPLEM M(3M) boards by PC
- ✓ Used TRIPLEM M(3M) boards in planning meals
- ✓ Prepared, cooked and photographed the meals
- ✓ Saved and Sorted the photographed meals in a database containing (1500 food type) called TRIPLE M(3M) DATABASE
- ✓ Bore the project`s coast without any support

Canadian "originally Lebanese "

She began the march of excellence from Lebanon Sponsored by

Her father Abbas Mohamed Hajj



Her mother Nafisse Moneer Alshaar



CHIDHOOD IN LEBANON







FAMILY'S SACRIFICE & ENCOURAGEMENT







HUSBAND'S ENCOURAGEMENT (Dr. Ezzeldin Gharbia)



RELATIVES ENCOURAGEMENT







PRESENT POSITIONS

PRESENT POSITIONS

ANTALION LOUGHION



in research methods, statistics and computer

DR. BASIMA ABBAS HAJJ
RESEARCH CONSULTANT & STATISTICAL ANALYST

QUALIFICATIONS

PhD BIOLOGICAL SCIENCES FROM UNIVERSITY OF LONDON IN ENGLAND





Got a grant from the National Council for Scientific Research in Lebanon in order to obtain a (doctorate) PhD in Biological Sciences (viruses) From the University of London in England

Got excellent in all subjects at the Lebanese University.
Accordingly the Lebanese University modified the law to undermine grade excellent for the first time in the history of the university.





The announcement of excellence was published by the Lebanese University in Lebanon in:

- Lebanese TV (news bulletin)
- BBC Radio BBC London
- Lebanese newspapers (front page)

Excerpts from newspapers that published the excellence news

الأولى في الجامعات اللبنانية .. فياة! باسمة عباس الحاج تمنى أن تصبح دكتوره.

كتب فاروق الجمال:

ما تزال أندية بيروت تتحدث عن الطالبة الجامعية باسمة عباس الحاج الفائزة بـ ١٠١ على ١٠٠ في كلية العلوم • ونالت باسمة درجة جيد جدا، وهي التي حازت في السنـــة الماضية درجة ممتاز ، وبذلك تكون الاولى التي حققت مثل هذا النجاح .

العلامة كاملة . وفي السنة الحالية الإذاعات العالية تقـــول في نشرات ذكاء الطالب

نالت ١٨ على ٢٠ في مادة الكيمياء ، الاخبار : (نكرت اذاعة لبنان) .

قالت باسمة لندوب ((الشعب)) : وأشار الاستاذ انه منذ ٩ سنـوات وهذا ما ينلج قلبي أنستشهد اذاعات الذي أعاقما عن نبا. ترجة ومناز الم يضع علامة مثلها !!

وعلى فكرة أكثر ما يعجبني بوثية (اذاعة لبنان) ، برامجها المنوعة ، وبرنامج: ((البث المباشر)) الــــذي أعتبره همزة الوصل بين الاذاعــــة

العالم باذاعتنا .

دىنى: مد النقاش





لوم الطبيعية) بدرجة جيد جدا ،وهي التي هازت في السنة الماضي بنة ممتاز ، وحصلت على علامة ١٠١على ١٠٠ علامة ، وبذلك تكون الاولم

قول باسمة ، أن الذي أعاقها عين نبل درجة ممتاز هذه السنة السياد بية . فغي السَّبَّة الماضية أضيفعلي مادة الامتمان سؤال يستعمل في ب الجامعي ذكاءه ليستنتج الجوابوقد اجابت هي على جميع الاسئلة ، الاضافي ، فاتت علاماتها - البقية على الصفحة ١٢ -

Alnahar newspaper published about the

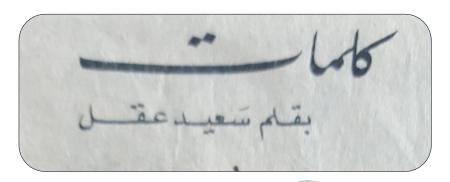
excellence news and grade 101 over 100

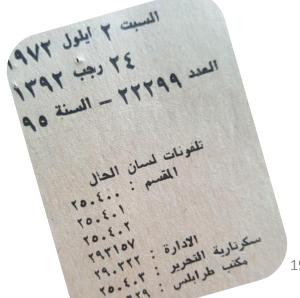


INTERVIEW BY RAFEEK SHALALA

In 1972 the poet Said Akl read about the excellence event in the newspaper and accordingly he wrote a comment describing **BASIMA ABBAS HAJJ as talented and creative** student and predicted that she will be innovated in the future.

ماسمة عباس الهاج 6 التسم تخرجت هذه السنة من كلية الملوم، في الجامعة اللبنانية بعلامة ١٠١ على ١٠٠ هي اليوم حديث الاندية في هذه الملامة تعطى للطالب الذي يذهل اساتذته . ان تكون هذه الفتاة اللينانية بلغت هذا البلغ في العلوم أمر يثلج صدرنا . يقول انه بوسع لبنان ، أن هو وفق ألى حكومــة تخصص للعالم عشسر ما تخصص للطرق ، ان ينزل اسمه محددا في خريطة الابداع . بالانتظار أن نتمرف الى الموهوبة العزيزة ونقول لها شكرا باسم لبنان ، نذكر قرامنا بان كلية العلوم في الجامعة اللبنانية احدث اسمها يتخطى الحدود .







- Master and Bachelor degrees in Biological Science and Education from the Lebanese University. (First in all the years of study).
- Diplom computer and information system from University of Newcastle
- in England.



Focused on her professional development and joined in

(45) training course after the PhD

In the fields of nutrition, statistical analysis and computer

IN

KUWAIT KIMS MINISTRY OF

HEALTH /
NUTRITION
DEPARTMENT



IN

CANADA & U.S.A ENGLAND

SHE ALSO JOINED IN (16) TRAINING COURSES HELD BY THE WORLD BANK



- How to build a COMPETENCE BASED SCIENCE CURRICULUM.
- How to construct tests using computerized package named (IRT) ITEM RESPONSE THEORY)

organized by the World Bank.

It was given for the first time in the world in Kuwait by its designer. This course helped in the implementation of the kuwaiti National Project aimed to assess the student's achievement in cooperation with the World Bank.



PROFESSINAL EXPERIENCE:

PREVIOUS JOBS

EXPERIENCE IN UNIVERSITY TEACHING

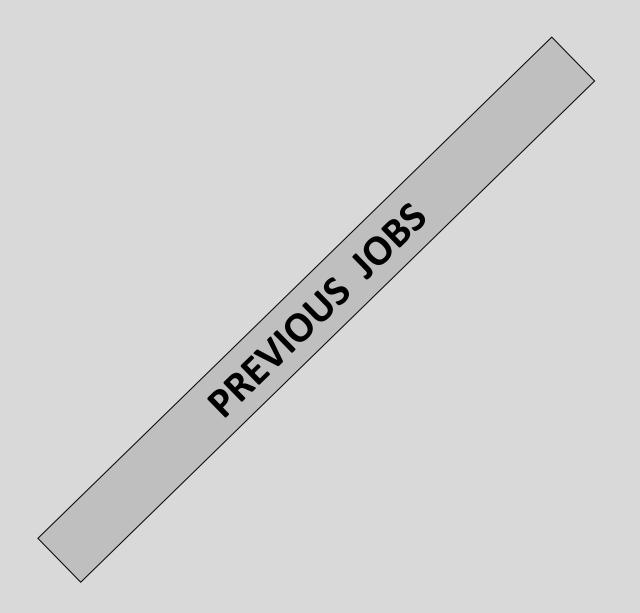
EXPERIENCE IN CONDUCTING RESEARCH:-

EXPERIENCE IN CONDUCTING SCIENTIFIC RESEARCH

EXPERIENCE IN CONDUCTING EDUCATIONAL RESEARCH

EXPERIENCE IN THE FIELD OF TRAINING, RESEARCH METHODS, STATISTICAL ANALYSIS AND NUTRITION EDUCATION

AWARDS



RESEARCH CONSULTANT AND STATISTICAL ANALYST
 at the Research Department,
 Educational Research and Curriculum Sector,
 Ministry of Education, State of Kuwait.



- STATISTICAL ANALYST FOR SCIENTIFIC AND EDUCATIONAL RESEARCH related to the Government program in Kuwait.
- HEAD OF THE SCIENCE UNIT at Educational
 Research Centre, Ministry of Education, State of Kuwait.
- MEMBER IN THE EVALUATION COMMITTEES related to the development of the educational process in Kuwait.



RESEARCH CONSULTANT

"Experts and consultants office " Educational Research and Curriculum Sector, Ministry of Education, State of Kuwait.

 COORDINATOR FOR PROFESSIONAL DEVELOPMENT AND WORKSHOPS

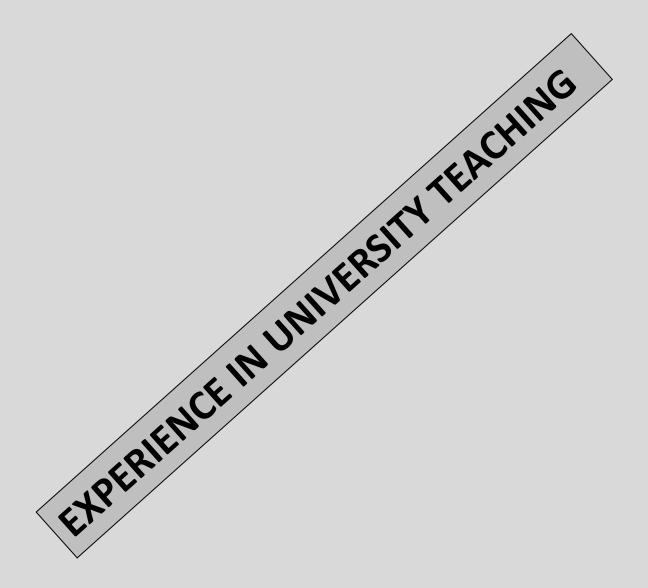
Educational Research and Curriculum Sector, Ministry of Education, State of Kuwait.

SUPERVISOR FOR TRAINING COURSES
 Training center,
 Development Department,
 Ministry of Education, State of Kuwait.



- PROFESSOR AT CONCORDIA UNIVERSITY Montreal in Canada.
- PROFESSOR AT KUWAIT UNIVERSITY Faculty of Science., Department of Microbiology.
- PROFESSOR AT THE ARAB OPEN UNIVERSITY Branch of the State of Kuwait.
- RESEARCH CONSULTANT AND STATISTICAL ANALYST FOR INTERNATIONAL ORGANIZATIONS such as: United Nations Development Program UNDP / WORLD BANK /UNESCO.
- RESEARCH CONSULTANT AND STATISTICAL ANALYST for Master and PhD students .







Teaching Statistics Course by computer and statistical package (Dr. Basima Abbas Hajj introduced a new teaching methodology, accordingly it was considered Model for teaching the course).

Concordia University, Montreal,

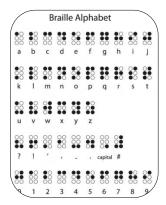
Canada





Teaching Measurement at Concordia University, Montreal in Canada. The University transferred the scientific material prepared by Dr. Hajj to Bril's language due to the presence of a blind student in the classroom.









Teaching Virology course at the Faculty of Science, Department of Microbiology, Kuwait University.



One of the visiting professors for this course was Professor Evans. He worked for the World Health Organization /Blood Bank. He is the author of a book titled «Viral infection of humans».



Teaching primary education course at the Arab Open University in the State of Kuwait



EXPERIENCE IN CONDUCTING RESEARCH:-

EXPERIENCE IN CONDUCTING SCIENTIFIC RESEARCH

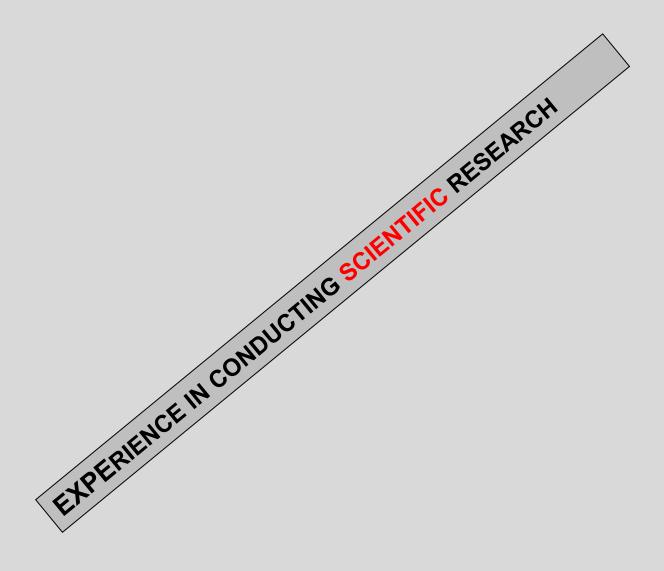
EXPERIENCE IN CONDUCTING EDUCATIONAL RESEARCH



- Participated in performing "127 field research" in Kuwait, United States, England, Canada, France, Switzerland, Bahrain and Lebanon.
- Experience in conducting research related to science, nutrition, psychology, social sciences and the development & evaluation of the educational process.

Experience in conducting scientific research

Experience in conducting educational research



Virus inhibitors extracted from legumes seeds
(University of London , England)

Nutrition patterns among children (Best research related to children in the Arab countries)

Virus inhibitors extracted from soya beans seeds (Switzerland)

Nutritional awareness among adolescents

3 studies Related to Eye surgery SCIENTIFIC RESEARCH AND STATISTICAL ANALYSIS FOR THE DATA SUCH AS:

Assess the level of iodine among elementary school Students(Ministry of Health / Ministry of Education/ International Council for lodine Deficiency)

Health Concerns among adolescents «Need for a national strategy for health education» Obesity among high school students
(Innovative study
recorded at the Ministry of
Information in Kuwait)

Nutrition awareness among the Students at the Faculty of Medicine

Estimation and the prevalence of inadequacy and excessive iodine intake among school children ((Journal of Nutrition in U.S.A.)

Bariatric surgery and educating the patients

MEMBER AND "STATISTICAL ANALYST" FOR THE NATIONAL PROJECT ON IODINE DEFICIENCY AMONG PRIMARY SCHOOL STUDENTS



In collaboration with the Ministry of Health, Ministry of Education, the International Council for Iodine deficiency and support of the Kuwait Foundation for Advancement of Science. In addition to educating parents and students about the importance of iodine to protect them from mental disability.



Participated in conducting field research

"HEALTH CONCERNS AMONG ADOLESCENTS IN THE STATE OF KUWAIT"

Most adolescents care to know knowledge about topics related to health and specially nutrition.

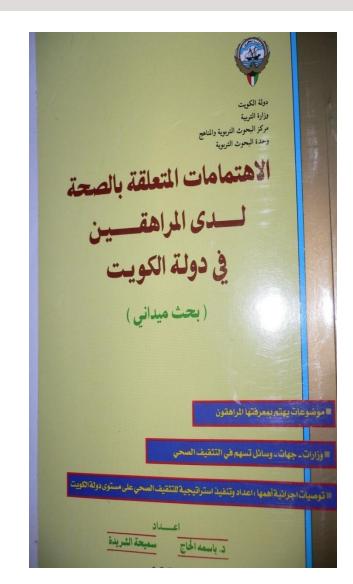
There is a need to prepare

"A STRATEGY FOR

HEALTH EDUCATION ON

THE NATIONAL LEVEL "

taking into consideration the involvement of various stakeholders in it's implementation.



This research was evaluated at the Faculty of Medicine at Kuwait University by the head of Department of Community Medicine, Dr. Mohammad Amin Musa

Participated in conducting field research

"NUTRITION PATTERNS AMONG KINDERGARTEN CHILDREN IN THE STATE OF KUWAIT."

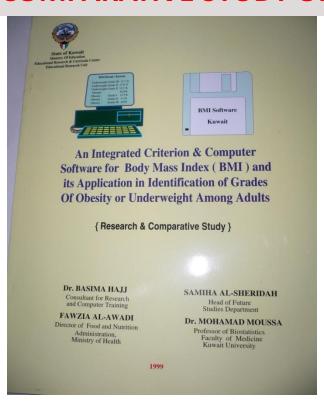


Dr. Basima Abbas Hajj and the research team were given "Shaikh Khalifa bin Salman Al Khalifa Award in kingdom of Bahrain for the best research in the Arab countries" for conducting this research on children.

Participated in conducting field research in

Arabic and English

"COMPARATIVE STUDY ON BODY MASS INDEX CRITERIA"





It was registered at the Ministry of Information in Kuwait as

EXPERIENCE IN CONDUCTING EDUCATIONAL RESEARCH



Head of the science team.

Responsible for editing
Competency Based science Curriculum.
Ministry of Education In Kuwait and The
World Bank.





Conducted research to identify the staff's 'training needs through a multi- respondent questionnaire and computerized DATA BASE

Environmental education
in the curriculum
(belongs to the
government's program)

EXPERIENCE IN CONDUCTING EDUCATIONAL RESEARCH

the application of tests on citizenship
(belongs to the government's program)

Health education in the

sciences curriculum

Secondary school student's Concern

and their aspirations for future

(Ministry of higher education)

National project related to

A field study to develop the primary stage

Parental treatment and the

relationship with degree of happiness

Divorce in Kuwait

AND STATISTICAL ANALYSIS
FOR THE DATA SUCH AS:

Parents follow-up for their sons and daughters

"scholarships abroad holder"

"Arabic and English".

Motherhood and Childhood Center in Kuwait and the Educational Scientific Cultural Organization (UNESCO)Kuwait Foundation for Advancement of Science and the Arab Gulf Programme for United Nations Development Organizations

(AGFUND)

Improve the quality of family life in Kuwait

Motherhood and Childhood Center in Kuwait and the Educational Scientific Cultural Organization (UNESCO), Kuwait Foundation for Advancement of Science and the Arab Gulf Programme for United Nations Development Organizations (AGFUND)

Research consultant & statistical analyst for

NATIONAL PROJECT ON TO THE APPLICATION OF TESTS RELATED TO CITIZENSHIP "

(belongs to the government's program)



EXPERIENCE IN THE FIELD OF TRAINING, RESEARCH METHODS, STATISTICAL ANALYSIS AND NUTRITION EDUCATION

Trained Managers ,Head of Departments, Doctors, Researchers, Analysts ,Programmers, Teachers and Students

Carried out (31) training course in the field of research methods and computer

statistical packages SYSTAT, SPSS, MYSTAT:

Kuwait University,

 The Public Authority for Applied Education and Training.

Ministry of Education

Ministry of Health.

The Ministry of Information, "KUNA".

Justice Department

"Research and Statistics Department."

Civil Service





Kuwait institute for scientific research

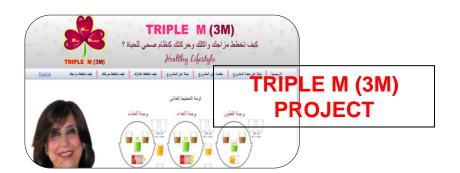


TRAINING /

- Office of social development at the Amiri Diwan.
- The Kuwait oil company, KOC.
- Kuwait institute for scientific research (project managers)
- Banks.
- Telecommunications companies.
- Students of doctoral and master. Inside and outside Kuwait.
- Concordia University in Canada.



TRAINING MATERIAL EDITED BY DR. BASIMA ABBAS HAJJ



HOW TO DESIGN A RESEARCH MAP?



TRAINING NEEDS

How to perform research and data entry by computer and SPSS "DESCRIPTIVE

STATISTICS"

How to perform research and data entry by computer and SPSS "ADVANCED STATISTICS"



GUIDE TO PERFORM
SURVEYS
48



TRAINING COURSE RELATED TO NUTRITION AWARENESS







هل وزنك طبيعي وتريد أن تحافظ على صحتك؟



Water

هل أنت محتار أي رجيم تختار ؟

هل تعاني من السمنة؟

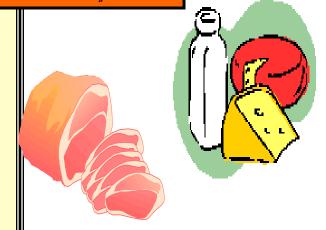


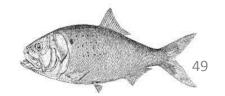
ورشة عمل الأكل الصحي كنظام في الحياة

HEALTHY EATING AS LIFESTYLE



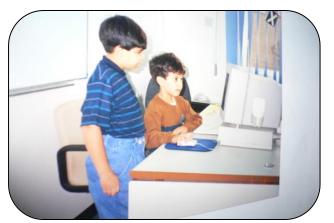
المدربة الدكتورة باسمه عباس الحاج 2007 DR. BASIMA ABBAS HAJJ





AWARDS

AWARD FROM KUWAIT UNIVERSITY AND TEACHING SOCIETY



FOR GIVING TRAINING COURSE ON MULTIMEDIA FOR CHILDREN "CHILD TO TEACH CHILD"



DR. BASIMA ABBAS HAJJ





Best Learning Package among All Arab Countries "From Arab League"

الحقائب التعليمية واستخدامها .

الحقيية التعليمية الكويتية أضاف السيد العابد يقول : لقد تم شرض العديد من الحقائب التعليمية ، المتعددة الاغراض ، ونتيجة للاختيار الذي جرى لافضلها ، فاز تصميم الكويت الذي اعدته فاز تصميم الكويت الذي اعدته الدكتورة باسمة الحاج من مركز بحوث المناهج ، بحوث المناهج ، وكان هذا التصميم الذي ساهمت وكان هذا التصميم الذي ساهمت وكان هذا التصميم الذي ساهمت فيه ادارة التقنيات التربوية في فيه ادارة التقنيات التربوية العابد فيه ادارة التقنيات التربوية العابد العاب

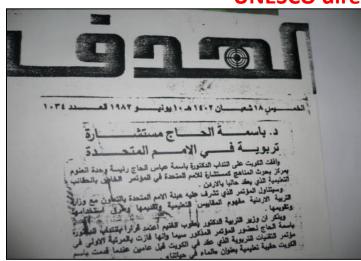


DR. BASIMA ABBAS HAJJ designed a learning package (team work).

After wining the best package among all Arab world,

UNDP "united nations" In New york Selected Her To Be Consultant In This Field.

UNESCO director praised her achievement.





Sheik Kalifa Award For Best Research On Child and Women Among All Arab Countries

Bahrain Center for Children & Women, Kingdom of Bahrain









VICE PRINCE
GIVING THE AWARD TO
DR. BASIMA ABBAS HAJJ

LEBANON'S AWARD FOR INNOVATION FOR SCIENTIFIC RESEARCH AND EDUCATIONAL RESERACH



DR. BASIMA ABBAS HAJJ

Dr. Basima Abbas Hajj
Performed Her Creative Research
In Lebanon, Kuwait ,England ,
Switzerland,
United States Of America,

France





FACTORS ENCOURAGED DR. BASIMA ABBAS HAJJ TO PERFORM TRIPLE M(3M) PROJECT



ENCOURAGING FACTORS

- Specialization in biological sciences,
 Education and computer.
- Attended training courses in nutrition at the Ministry of health.
- Performed research in nutrition.
- Knowing the awareness needs for individuals at various ages.
- Experience in designing learning packages.
- Experience in university teaching in Canada.
- Interested in human touches for the society.